


The A.C.T.S. of my Prayer Life  
*Adoration: Lord I praise You for...*

Date	My Praise...
	

**MAKE, MOTIVATE, MULTIPLY followers of JESUS**

The A.C.T.S. of my Prayer Life  
**Confession:** *Lord I'm sorry for...*

Date	Please forgive me for...
	

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***Thanksgiving: Lord I'm Thankful for...***

Date	Thank you for...
	

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**Supplication:** *Lord I pray for this person/need/request*

Date	Lord, I would like to lift up in prayer... (people/special needs)
	